



CERTIFICATE

OF PARTICIPATION

This is to certify that

Toni Arnold

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 04:16:51

PACE 06:06/km

OVERALL 174 of 834

08 July 2023, Sat

Date

GENDER 32 of 271

50+ 3 of 46



BoutTime

Signature